



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage call Compass Health Administrators at (888) 379-3785. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at <https://www.cms.gov/CCIIO/Resources/Forms> or call (888) 379-3785 to request a copy.

Important Questions	Answers		Why This Matters:
What is the overall deductible ?	In-Network \$500/Individual \$1,000/Family	Out-of-Network \$4,000/Individual \$8,000/Family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay.
Are there services covered before you meet your deductible ?	Yes, preventive care, physician office visits and prescription drug co-payments from Participating Providers .		For example, this plan covers certain preventive care services without cost-sharing and before you meet your deductible . See a list of covered preventive care services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.		You do not have to meet a separate deductible for specific services.
What is the out-of-pocket limit for this plan ?	In-Network \$3,000/Individual \$6,000/Family	Out-of-Network \$8,000/Individual \$16,000/Individual	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they are required to meet their individual out-of-pocket limit until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, out-of-network services, charges in excess of the usual and customary rates, pre-authorization penalties and health care this plan does not cover.		Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.blueshieldca.com/networkppo or call (888) 277-2912 for a list of network providers .		This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.		This plan will pay some or all of the costs to see a specialist for covered services.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of- Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20/visit	40% coinsurance	—————none—————
	<u>Specialist</u> visit	\$20/visit	40% coinsurance	—————none—————
	<u>Preventive care/screening/immunization</u>	No Charge	40% coinsurance	You may have to pay for services that are not preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work, ultrasounds)	10% coinsurance	40% coinsurance	—————none—————
	Imaging (CT/PET scans, MRIs)	10% coinsurance	40% coinsurance	—————none—————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of- Network Provider (You will pay the most)	
<p>If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://drex.com/welcom or call 844-728-3479.</p>	Generic drugs	Retail: \$5 copayment /prescription Mail Order: \$15 copayment /prescription	Not Covered	Retail: Covers up to a 30-day supply Mail Order: Covers up to a 90-day supply
	Formulary brand drugs	Retail: \$30 copayment /prescription Mail Order: \$90 copayment /prescription	Not Covered	
	Non-Formulary brand drugs	Retail: \$50 copayment Mail Order: \$150 copayment	Not Covered	
	Specialty drugs	Retail: 30% with \$250 maximum copayment Mail Order: 30% with \$250 maximum copayment	Not Covered	

For more information about limitations and exceptions, see plan or policy document at www.adept-compass.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of- Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	—————none—————
	Physician/surgeon fees	10% coinsurance	40% coinsurance	—————none—————
If you need immediate medical attention	Emergency room care	10% coinsurance	10% coinsurance	—————none—————
	Emergency medical transportation	10% coinsurance	10% coinsurance (emergency) Not covered (non-emergency)	—————none—————
	Urgent care	\$30/visit	40% coinsurance	—————none—————
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	Services must be preauthorized
	Physician/surgeon fees	10%	40% coinsurance	—————none—————
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit: \$20/visit Other services: 10%	40% coinsurance	
	Inpatient services	10% coinsurance	40% coinsurance	Services must be preauthorized
If you are pregnant	Office visits	\$20/visit	40% coinsurance	—————none—————
	Childbirth/delivery professional services	10% coinsurance	40% coinsurance	—————none—————
	Childbirth/delivery facility services	10% coinsurance	40% coinsurance	—————none—————

For more information about limitations and exceptions, see plan or policy document at www.adept-compass.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	10% coinsurance	40% coinsurance	Limited to 100 visits per calendar year
	Rehabilitation services	10% coinsurance	40% coinsurance	—————none—————
	Habilitation services	10% coinsurance	40% coinsurance	—————none—————
	Skilled nursing care	10% coinsurance	40% coinsurance	Limited to 100 days per calendar year
	Durable medical equipment	10% coinsurance	40% coinsurance	—————none—————
	Hospice services	No charge	40% coinsurance	—————none—————
If your child needs dental or eye care	Children’s eye exam	Not covered	Not covered	Not covered under the medical plan. Refer to vision plan.
	Children’s glasses	Not covered	Not covered	Not covered under the medical plan. Refer to vision plan.
	Children’s dental check-up	Not covered	Not covered	Not covered under the medical plan. Refer to dental plan.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)			
<ul style="list-style-type: none"> Hearing Aids Infertility Treatment Cosmetic surgery (except due to accidental injury, birth defect or illness or mastectomy) 	<ul style="list-style-type: none"> Dental care Long-term care Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> Routine eye care (Adult) Routine foot care Weight loss programs 	
Other Covered Services (Limitations may apply to these services. This is not a complete list. Please see your plan document.)			
<ul style="list-style-type: none"> Acupuncture (20 visit max) 	<ul style="list-style-type: none"> Chiropractic care (30 visit max) 	<ul style="list-style-type: none"> Bariatric Surgery 	<ul style="list-style-type: none"> Private-duty nursing

For more information about limitations and exceptions, see plan or policy document at www.adept-compass.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact the plan at (888) 277-2912. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Spanish (Español): Para obtener asistencia en Español, llame al 888-379-3785.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 888-379-3785.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 888-379-3785.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 888-379-3785.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) *copayment* \$20
- Hospital (facility) *coinsurance* 10%
- Other *coinsurance* 10%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$14,800
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$350
Copayments	\$20
Coinsurance	\$170
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$600

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) *copayment* \$20
- Hospital (facility) *copay* 10%
- Other *coinsurance* 10%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$175
Copayments	\$20
Coinsurance	\$90
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$290

Mia's Emergency Room Visit
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) *copayment* \$20
- Hospital (facility) *coinsurance* 10%
- Other *coinsurance* 10%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,925
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$40
Coinsurance	\$85
<i>What isn't covered</i>	
Limits or exclusions	\$16
The total Mia would pay is	\$641